

PHYSIO RATES 2026

Physiotherapy Assessment and Treatment

First Assessment (45-50 mins)	R860-960
Follow-up Appointment (45-50 mins)	R700-800

Added Exercise Equipment

Theraband	R40 - R60
Kinesiotaping/ other taping	R20 - R120
Orthopaedic Pillows	R500

Chest Physio Treatment

Adult/ Child / Baby Chest Treatment (30-45 mins)	R600-R700
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Home Visit

Home Visit Within 5kms (80-120 mins)	R1000-R1200
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We submit to most medical aids such as discovery, bankmed, bonitas, GEMS etc but not medical aids that don't have an ERA.

**In which case you will need to pay upfront and claim back. These medical Aids include
SIZWE, CAMAF, PROFMED , MEDIHELP**